



**MMM ONLINE CLASSES  
NOVEMBER / DECEMBER 2020**

DAY/TIME (GMT)	Teacher / Class		Teacher / Class		Teacher / Class	
Tuesday 9.30-10.30am	17 Nov.	GAIL - General Class, part seated	24 Nov.	ANN - MMM Fusion (General)	1 Dec.	WILTRUD - White & Orange Colour Class with Sequences (Beginners/Intermediate)
Tuesday 10:45-11:45am	17 Nov.	DENISE - Basic/White Colour Class (Beginners)	24 Nov.	JAN - Dance Technique Grades 1-3 with Sequences (Beginners/Intermediate)	1 Dec.	JAN - Simple Choreography (General)
Thursday 2-3:15pm	19 Nov.	SUE - Colour Class (Beginners/Intermediate)	26 Nov.	GAIL - MMM Translated (seated)	3 Dec.	ANN - MMM Fusion (General)
Saturday 2-3pm	21 Nov.	JAN - MMM Fun (General)	28 Nov.	SUE - Creative Class based on MMM exercises (General)	5 Dec.	WILTRUD - Orange & Red Colour Class with Sequences (Intermediate)
Saturday 3.15-4.15pm	21 Nov.	DENISE - Posture & Relaxation	28 Nov.	JAN - Yellow - Light Pink Colour Class (Intermediate)	5 Dec.	SUE - Christmas Choreography
Saturday 4.30-5.30pm					5 Dec.	  <b>Festive Chat!</b>