

## MMM ONLINE CLASSES FEBRUARY 2021

DAY/TIME (GMT)	Date/Class/Teacher		Date/Class/Teacher		Date/Class/Teacher		Date/Class/Teacher	
Tuesday 9.30- 10.30am	2 Feb.	Fun with MMM - Jan (Beg./Inter.)	9 Feb.	Orange Colour Training - Wiltrud (Intermediate)	16 Feb.	Yellow Colour Training - Denise (Beg./Inter.)	23 Feb.	Children's Grades Training - Ann (General)
Tuesday 10.45- 11.45am	2 Feb.	White Colour Training Wiltrud (Beginners)	9 Feb.	MMM with Body Focus Gillian (General)	16 Feb.	Gentle Movement - Gail (General)	23 Feb.	Colour Variations - Wiltrud (General)
Thursday 2-3.15pm	4 Feb.	Beautiful Basic - Sue (Beginners)	11 Feb.	Children's Grades Training - Ann (General)	18 Feb.	Dance Technique Grades 2-3 - Jan (Intermediate)	25 Feb.	Posture & Relaxation - Denise (General)
Saturday 2-3pm	6 Feb.	No Class*	13 Feb.	Intensive Colour Workout seated - Evelyne (Inter./Adv.)	20 Feb.	MMM with Body Focus - Gillian (General)	27 Feb.	Dance Technique Grade 1 - Jan (Beginners)
Saturday 3.15- 4.15pm	6 Feb.	No Class*	13 Feb.	Posture & Relaxation - Denise (General)	20 Feb.	Dance & Choreography - Sue (General)	27 Feb.	Higher Colours - Sue (Advanced)

\*MMM Montreal online event Dance  
Brackets - for information email:  
Judith.ciosi@gmail.com

Beg. = Beginners' Level

Inter. =  
Intermediate Level

Adv. = Advanced  
Level